

APPETISER

Home Made Bread v	£1.50
Garlic Bread v	£2.95
Garlic Bread with Cheese v <i>Toasted bread with mozzarella cheese and garlic butter.</i>	£3.95
Crostino Con Caprino v <i>Toasted bread with roasted peppers and goats cheese.</i>	£4.95
Bruschetta v <i>Toasted bread with fresh tomatoes, garlic, olive oil and basil.</i>	£3.95
Stuzzichini <i>Home-made sun dried tomato paste.</i>	£4.95

APPETISER (ideal to share)

Bread Selection v <i>2 slices of garlic bread, 2 of bruschetta, 2 of crostino with goat cheese and peppers, 2 of garlic bread with cheese, home-made sun dried tomato paste and a small bowl of mixed olives.</i>	£10.95
Trio Sott`Olio v <i>Artichokes, aubergines, olives and sun dried tomatoes all preserved in olive oil. Served with home-made bread.</i>	£8.95
Antipasto Della Casa <i>A selection of Italian cured meats, mozzarella, olives, artichokes, sun dried tomatoes and Parmesan shavings, served with home made bread.</i>	£16.95

HOT APPETISER (ideal to share)

Calamari e Gamberoni	STARTER £12.95 MAIN £15.95
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Deep fried squid and king prawns, served with salad garnish, sweet chilli sauce and tartare sauce.

FOCACCE (ideal to share) 10"

Focaccia Plain v <i>Pizza bread with rosemary, garlic and olive oil.</i>	£5.95
Focaccia Piccante v <i>Pizza bread with tomato sauce, chilli, garlic and rosemary.</i>	£6.95
Focaccia Con Mozzarella v <i>Pizza bread with garlic and mozzarella cheese.</i>	£6.95
Focaccia Rucola e Parmigiano v <i>Pizza bread with rocket salad, balsamic glaze, olive oil, freshly chopped tomatoes and Parmigiano shavings.</i>	£7.95

SOUP

Soup of the Day <i>Home made daily soup.</i>	£3.95
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SIDE DISHES

Chips	£3.95	Potatoes	£4.95
Mixed Salad	£4.95	Mixed Vegetables	£4.95

SALADS

Insalata Mista v <i>Mixed lettuce, radicchio, rocket, indivie, tomatoes, cucumber, red onions and olives.</i>	£4.95
Insalata Di Pomodori v <i>Cherry tomatoes, basil, olives, red onions, olive oil and oregano.</i>	£3.95
Rucola e Parmigiano v <i>Rocket salad, Parmigiano shavings, olive oil and balsamic vinegar.</i>	£5.95

ANTIPASTI FREDDI (Cold Starters)

Avocado Mamma Roma <i>Avocado, prawns with maria rose sauce and smoked salmon. Served with salad garnish.</i>	£8.95
Garciofini e Salmone <i>Smoked salmon with artichokes. Served with salad garnish.</i>	£7.95
Insalata Di Gamberi <i>Prawns with maria rose sauce served on a bed of mixed lettuce.</i>	£6.95
Antipasto All`Italiana <i>A variety of cured meats, olives, sun dried tomatoes and Parmesan shavings.</i>	£8.95
Insalata Caprese v <i>Tomatoes, mozzarella, basil and olive oil. Served with salad garnish.</i>	£6.95
Prosciutto e Mozzarella <i>Mozzarella cheese and Parma ham. Served with rocket salad garnish, tomato and cucumber.</i>	£7.95

ANTIPASTI CALDI (Hot Starters)

Polpette Piccanti <i>Home-made meatballs made with 100% steak mince meat, cooked with tomato sauce, mozzarella cheese and Parmigiano. Served with toasted bread.</i>	£6.95
Melanzane Al Forno v <i>Oven baked aubergines with tomato sauce, Parmigiano and mozzarella cheese.</i>	£6.95
Asparagi Al Parma <i>Asparagus wrapped with Parma ham, cooked with garlic, wine, cream and Parmigiano. Served with toasted bread.</i>	£6.95
Calamari Fritti <i>Deep fried squid. Served with salad garnish and tartare sauce.</i>	STARTER £7.95 / MAIN £13.95

Gamberoni Piccanti <i>King prawns cooked with garlic, chilli and a touch of tomato sauce, served with toasted bread.</i>	STARTER £8.95 / MAIN £14.95
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Gamberoni e Pancetta <i>King prawns cooked with cured bacon, garlic, parsley, butter and white wine. Served on a bed of rocket salad with Parmigiano shavings.</i>	STARTER £8.95 / MAIN £14.95
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Cozze Al Pomodoro <i>Fresh mussels cooked with garlic, chilli and a touch of tomato sauce, served with toasted bread.</i>	STARTER £6.95 / MAIN £10.95
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Half Portion of Pasta (SEAFOOD PASTA +£1.00)	£6.95
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PASTA RIPIENA (Filled Pasta)

Ravioloni Caprino e Peperoni v <i>Pasta stuffed with roasted peppers and goats cheese. Cooked with tomato sauce and a touch of cream.</i>	£10.95
Cannelloni Ricotta e Spinaci v <i>Pasta stuffed with ricotta cheese, spinach and Parmigiano. Cooked with tomato sauce and mozzarella cheese.</i>	£9.95
Cannelloni Di Carne <i>Pasta stuffed with 100% steak mince meat, vegetables, nutmeg and a touch of wine. Cooked with tomato sauce and mozzarella cheese.</i>	£10.95
Lasagna Al Forno <i>Home made lasagna cooked with besciamella, 100% beef mince, nutmeg, cheese and mozzarella.</i>	£9.95
Panzerotti Ricotta e Spinaci v <i>Pasta stuffed spinach and ricotta cheese, cooked with tomato sauce, Parmigiano cheese and a touch of cream.</i>	£10.95

MANZO (Beef)

Raw 9oz/255g. Simply choose either fillet or sirloin steak which are all 100% British Beef, then choose which sauce you would like it prepared with from the choices below:

	SIRLOIN	FILLET
Alla Griglia Simply grilled	£18.95	£21.95
Bistecca Fiorentina Simply grilled, 20oz/566g		T-BONE £26.95
SAUCES:		
Al Pepe Verde		£2.95 extra
Wine, mustard, cream, green peppercorn and demi-glace sauce.		
Alla Pizzaiola		£2.95 extra
Garlic, olives, capers, wine and tomato sauce.		
Alla Diana		£2.95 extra
Onions, mushrooms, wine, cream, demi-glace sauce and mustard.		
Al Vino Rosso		£2.95 extra
Mushrooms, red wine and demi glace.		

Tagliata Di Manzo <i>Grilled Sirloin (we recommend medium rare) which is then cut into slices and placed on a bed of rocket salad with a few chopped tomatoes, Parmesan shavings, olive oil and balsamic glaze.</i>	£22.95
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VITELLO (Veal)

Served with potatoes and vegetables.

Scaloppine Piselli e Pancetta <i>Veal cooked with peas, smoked bacon, onions, wine and cream.</i>	£17.95
Saltimbocca Alla Romana <i>Veal cooked with Parma ham, wine and Parmesan cheese shavings.</i>	£17.95
Scaloppine Al Marsala <i>Veal cooked with sweet wine marsala, mushrooms and a touch of cream.</i>	£16.95

POLLO (Chicken)

Served with potatoes and vegetables.

Pollo Ai Funghi Misti <i>Chicken breast cooked with onions, roast peppers, wild mixed mushrooms, a touch of chilli and cherry tomatoes.</i>	£14.95
Pollo Al Parma <i>Chicken breast stuffed with asparagus and wrapped with pancetta, cooked with cream and cheese.</i>	£14.95
Pollo Fiorentina <i>Chicken breast topped with spinach and mozzarella, cooked with tomato sauce, a touch of nutmeg and cream.</i>	£14.95
Pollo Alla Griglia <i>Grilled chicken breast served with salad and potatoes.</i>	£12.95

PESCE (Fish)

Spiedini Di Pesce <i>Two grilled skewers composed of king prawns, monk fish and mixed vegetables, served with mixed salad.</i>	£18.95
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Grigliata Mista Di Pesce	for 1 person £25.95 for 2 people £49.95
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The chef combines fresh fish and shellfish to create a simple yet luxurious grilled seafood dish, flavoured with herbs and garlic. Served with grilled vegetables.

Coda Di Rospo Al Parma <i>Monk fish wrapped with Parma ham cooked with garlic, cherry tomatoes, olive oil and white wine. Served on a bed of spinach.</i>	£18.95
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Sea Bass Alla Livornese <i>Two fillets of sea bass cooked with cherry tomatoes, garlic and wine. Served with mixed vegetables and potatoes.</i>	£17.95
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MAMMA'S FAVOURITE PASTA

(Gluten free pasta available)

Paccheri Garciofini e Gamberoni <i>Paccheri are very large hollow tubes approximately an inch in diameter, a bit like giant maccheroni. They originate from Naples and are an absolute classic of Neapolitan cuisine. Cooked with prawns, crevettes, artichokes, garlic and cherry tomatoes.</i>	£12.95
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Paccheri My Way <i>Paccheri pasta cooked with bolognese, besciamella cheese, mushrooms, peas and cheese.</i>	£10.95
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Stringolini Zucchini e Gamberi <i>Stringolini is shaped by rolling a small piece of dough on a flat surface to form a short, round length of pasta with tapered ends, then twisting it to form the final shape. Cooked with fresh cherry tomatoes, prawns, courgettes, garlic, wine and basil.</i>	£11.95
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PASTA

(Gluten free pasta available)

Stringolini Al Forno	£9.95
<i>Stringolini pasta oven baked with tomato sauce, home-made 100% steak mince meatballs and Parmigiano.</i>	
Penne Arrabbiata	£9.95
<i>Pasta cooked with spicy sausages, cherry tomatoes, chilli and garlic.</i>	
Penne Capricciose	£9.95
<i>Pasta cooked with mushrooms, onions, chicken, tomato sauce, Parmesan cheese and a touch of cream.</i>	
Pennette Al Chilli v	£8.95
<i>Pasta cooked with garlic, basil, chilli, oregano and cherry tomatoes.</i>	
Penne Amatriciana	£9.95
<i>Pasta cooked with onions, diced pancetta (cured pork belly), chilli, tomato sauce and cheese.</i>	
Spaghetti Carbonara	£9.95
<i>Pasta cooked with Parmigiano, egg, cream and pancetta (cured pork belly).</i>	
Spaghetti Bolognese	£8.95
<i>Pasta cooked with bolognese sauce made with 100% steak mince.</i>	
Spaghetti Polpette	£9.95
<i>Pasta cooked with home-made 100% steak mince meatballs, tomato sauce and Parmigiano.</i>	
Spaghetti Aglio e Olio v	£8.95
<i>Pasta cooked with garlic, chilli, parsley and olive oil.</i>	
Linguine Saporite	£12.95
<i>Cooked with king prawns, monk fish, mussels, garlic, wine and cherry tomatoes.</i>	
Linguine Puttanesca	£9.95
<i>Linguine pasta cooked with garlic, chilli, olives, anchovies, capers and tomato sauce.</i>	
Linguine Melanzane e Zucchine v	£9.95
<i>Linguine pasta cooked with onions, aubergines, courgettes and cherry tomatoes.</i>	
Tagliatelle Funghi Misti v	£9.95
<i>Pasta cooked with wild mixed mushrooms, cheese and cherry tomatoes.</i>	
Tagliatelle Papalina	£10.95
<i>Pasta cooked with gorgonzola cheese, mushrooms, onions, bacon, peas and cream.</i>	
Tagliatelle Della Casa	£10.95
<i>Pasta cooked with smoked salmon, mushrooms and cream.</i>	
Risotto Mare	£11.95
<i>Rice cooked with mixed seafood, garlic, wine and tomato sauce.</i>	
Risotto Ortolano v	£9.95
<i>Rice cooked with mixed vegetables, Parmigiano cheese and a touch of tomato sauce.</i>	

We are always willing to adjust any item on the menu to suit individual preferences.

If you suffer from any food allergy please seek the advice of the management before ordering your meal.

PIZZA

12/13"

All pizzas are made with 100% Mozzarella cheese. (30 to 33cm)

Pizza & Pasta	£23.95
<i>A choice of one pasta and one pizza to share between two people.</i>	
Pizza Margherita v	£7.95
<i>Mozzarella and tomato sauce.</i>	
Pizza Funghi v	£8.95
<i>Mozzarella, tomato sauce and mushrooms.</i>	
Pizza Quattro Stagioni v	£9.95
<i>Mozzarella, tomato sauce, roasted peppers, olives, mushrooms and artichokes.</i>	
Pizza Di Verdure v	£9.95
<i>Mozzarella, tomato sauce, roasted peppers, sun dried tomatoes, potatoes and red onions.</i>	
Pizza Quattro Formaggi v	£9.95
<i>Mozzarella, tomato sauce, blue cheese, Parmigiano and goats cheese.</i>	
Pizza Alla Parmigiana v	£9.95
<i>Tomato sauce, mozzarella, aubergines, Parmigiano and basil.</i>	
Pizza Siciliana	£9.95
<i>Tomato sauce, mozzarella, fresh tomatoes, anchovies, chilli, capers and olives.</i>	
Pizza Crudo e Rucola	£9.95
<i>Tomato sauce, mozzarella, rocket salad, Parma ham and Parmesan shavings.</i>	
Pizza Prosciutto	£9.95
<i>Tomato sauce, mozzarella and Parma ham.</i>	
Pizza Boscaiola	£9.95
<i>Tomato sauce, mozzarella, mushrooms and chicken.</i>	
Pizza Fantasia	£9.95
<i>Tomato sauce, mozzarella, sweet corn and chicken.</i>	
Pizza Rustica	£9.95
<i>Tomato sauce, mozzarella, spicy pepperoni sausages and spinach.</i>	
Pizza Salmone e Gamberi	£10.95
<i>Tomato sauce, mozzarella, smoked salmon and prawns.</i>	
Pizza Marinara	£10.95
<i>Tomato sauce, mozzarella and mixed seafood.</i>	
Pizza Amatriciana	£9.95
<i>Tomato sauce, mozzarella, bacon, onions and chilli.</i>	
Pizza Pepperoni	£9.95
<i>Tomato sauce, mozzarella, and spicy pepperoni sausages.</i>	
Pizza Salame e Funghi	£9.95
<i>Tomato sauce, mozzarella, salame and mushrooms.</i>	
Pizza Polpette	£9.95
<i>Tomato sauce, mozzarella and home-made 100% steak mince meatballs (cooked in a rich tomato sauce).</i>	
Pizza Calzone (20 minutes cooking time)	£10.95
<i>Calzone is an Italian turnover made of pizza dough and stuffed with tomato sauce, mozzarella, chicken, ham, mushrooms. The dough is then folded over, sealed along and slowly baked.</i>	

EXTRA TOPPING VEGETABLES £0.85 / MEAT £2.00

FAMILY RUN BUSINESS SINCE 1995

Mamma Roma

italian restaurant

A LA CARTE MENU

Just like Mamma used to make...

