

APPETISER

Home Made Bread v	£1.50
Garlic Bread v	£2.95
Garlic Bread with Cheese v <i>Toasted bread with mozzarella cheese and garlic butter.</i>	£3.95
Crostino Con Caprino v <i>Toasted bread with roasted peppers and goats cheese.</i>	£4.95
Bruschetta v <i>Toasted bread with fresh tomatoes, garlic, olive oil and basil.</i>	£3.95
Olive Miste v <i>Mixed olives.</i>	£3.95

APPETISER (ideal to share)

Bread Selection v <i>2 slices of garlic bread, 2 of bruschetta, 2 of crostino with goat cheese and peppers, 2 of garlic bread with cheese and a small bowl of mixed olives.</i>	£9.95
Trio Sott`Olio v <i>Artichokes, aubergines, olives, sun dried tomatoes, all preserved in olive oil. Served with home made bread.</i>	£8.95
Antipasto Della Casa <i>A selection of Italian cured meat, mozzarella, olives, artichokes, sun dried tomatoes, giardiniera and Parmesan shavings, served with home made bread.</i>	£16.95

HOT APPETISER (ideal to share)

Calamari e Gamberoni	STARTER £12.95 MAIN £15.95
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Deep fried squid and king prawns, served with salad garnish, sweet chilli sauce and tartare sauce.

FOCACCE (ideal to share)

Focaccia Plain v <i>Pizza bread with rosemary, garlic and olive oil.</i>	£5.95
Focaccia Piccante v <i>Pizza bread, tomato sauce, chilli, garlic and rosemary.</i>	£6.95
Focaccia Con Mozzarella v <i>Pizza bread with garlic and mozzarella cheese.</i>	£6.95
Focaccia Rucola e Parmigiano v <i>Pizza bread with rocket salad, balsamic glaze, olive oil, freshly chopped tomatoes and parmigiano shavings.</i>	£6.95

SOUP

Soup of the Day <i>Home made daily soup.</i>	£3.95
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SALADS

Insalata Mista v <i>Mixed lettuce, radicchio, rocket, iceberg, tomatoes, cucumber, red onions, peppers and olives.</i>	£3.95
Insalata Di Pomodori v <i>Tomatoes, red onions, oregano, basil, olive oil and olives.</i>	£3.95
Rucola e Parmigiano v <i>Rocket salad, parmigiano shavings, olive oil and balsamic.</i>	£5.95

ANTIPASTI FREDDI (Cold Starters)

Avocado Mamma Roma <i>Avocado, prawns with maria rose sauce, smoked salmon. Served with salad garnish.</i>	£7.95
Garciofini e Salmone <i>Smoked salmon with artichokes. Served with salad garnish.</i>	£7.95
Insalata Di Gamberi <i>Prawns with maria rose sauce served on a bed of mixed lettuce.</i>	£6.95
Antipasto All`Italiana <i>A variety of cured meats, olives, sun dried tomatoes and Parmesan shavings.</i>	£8.95
Insalata Caprese v <i>Tomatoes, mozzarella, basil and olive oil. Served with salad garnish.</i>	£6.95
Prosciutto e Mozzarella <i>Mozzarella cheese and Parma ham. Served with rocket salad garnish, tomato and cucumber.</i>	£7.95

ANTIPASTI CALDI (Hot Starters)

Polpette Piccanti Al Forno m e w <i>Home made with 100% steak mince meat balls. Oven baked with tomato sauce, mozzarella and parmigiano. Served with toasted bread.</i>	£5.95
Melanzane Al Forno v m e w <i>Oven baked aubergines with tomato sauce, parmigiano and mozzarella cheese.</i>	£6.95
Funghi All`Aglio v <i>Mushrooms cooked with garlic, wine and butter.</i>	£3.95
Asparagi Al Parma <i>Asparagus wrapped with Parma ham, cooked with garlic, wine, cream and parmigiano. Served with toasted bread.</i>	£5.95
Calamari Fritti <i>Deep fried squid. Served with salad garnish and tartare sauce.</i>	£7.95
Gamberoni Piccanti <i>King prawns cooked with garlic, chilli and a touch of tomato sauce, served with toasted bread.</i>	£8.95
Gamberoni e Pancetta STARTER £8.95 / MAIN £14.95 <i>King prawns cooked with garlic, parsley, butter and white wine. Served on a bed of rocket salad with parmigiano shavings.</i>	
Cozze Al Pomodoro STARTER £6.95 / MAIN £10.95 <i>Fresh mussels cooked with garlic, chilli and a touch of tomato sauce, served with toasted bread.</i>	

Vegetali Misti Alla Griglia v <i>Grilled aubergines, crougettes, peppers, carrots, potatoes, olive oil, garlic, herbs and parmigiano cheese. Served with salad garnish.</i>	£6.95
Half Portion of Pasta (SEAFOOD PASTA +£1.00)	£5.95

PASTA RIPIENA (Filled Pasta)

Ravioloni Caprino e Peperoni v n m e w <i>Stuffed pasta with roasted peppers, goats cheese, cooked with tomato sauce and a touch of cream.</i>	£10.95
Cannelloni Ricotta e Spinaci v m e w c <i>Pasta stuffed with ricotta cheese, spinach, parmigiano and cooked with tomato sauce and mozzarella.</i>	£9.95
Cannelloni Di Carne m e w c <i>Pasta stuffed with 100% steak mince, vegetables, nutmeg, wine, cooked with tomato sauce and mozzarella.</i>	£10.95
Lasagna Al Forno m e w c <i>Home made lasagna cooked with besciamella, 100% beef mince, nutmeg, cheese and mozzarella.</i>	£9.95
Panzerotti Ricotta e Spinaci v n m e w <i>Pasta stuffed spinach and ricotta cheese, cooked with tomato sauce, parmigiano cheese and a touch of cream.</i>	£10.95

MANZO (Beef)

Raw 9oz/255g. Simply choose either fillet or sirloin steak which are all 100% Scotch Beef, then choose which sauce you would like it prepared with from the choices below:

	SIRLOIN	FILLET
Alla Griglia Simply grilled	£17.95	£20.95
		T-BONE
Bistecca Fiorentina Simply grilled, 20oz/566g		£24.95

SAUCES:

Al Pepe Verde	£2.95 extra
Wine, mustard, cream, green peppercorn and demi glace.	
Alla Pizzaiola	£2.95 extra
Garlic, olives, capers, wine and tomato sauce.	
Alla Diana	£2.95 extra
Onions, mushrooms, wine, cream, demi glace and mustard.	
Al Vino Roso	£2.95 extra
Mushrooms, red wine and demi glace.	

Tagliata Di Manzo	£20.95
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Grilled Sirloin (we recommend medium rare) which is then cut in to slices and placed on a bed of rocket salad with a few chopped tomatoes, parmisan shavings, olive oil and balsamic glaze.

VITELLO (Veal)

<i>Served with potatoes and vegetables.</i>	
Scaloppine Piselli e Pancetta	£15.95
<i>Veal cooked with peas, smoked bacon, onions, wine and cream.</i>	
Saltimbocca Alla Romana	£16.95
<i>Veal cooked with Parma ham, wine and Parmesan cheese shavings.</i>	
Scaloppine Al Marsala	£16.95
<i>Veal cooked with sweet wine marsala, mushrooms and a touch of cream.</i>	

POLLO (Chicken)

<i>Served with potatoes and vegetables.</i>	
Pollo Ai Funghi Misti	£13.95
<i>Chicken breast cooked with onions, roast peppers, wild mixed mushrooms, a touch of chilli and cherry tomatoes.</i>	
Pollo Al Parma	£14.95
<i>Chicken breast and asparagus wrapped with Parma ham, cooked with cream and cheese.</i>	
Pollo Dello Chef	£13.95
<i>Chicken breast topped with black pudding and cooked with sweet wine, and cream.</i>	
Pollo Fiorentina	£14.95
<i>Chicken breast topped with spinach and mozzarella, cooked with tomato sauce, a touch of nutmeg and cream.</i>	
Pollo Alla Griglia	£12.95
<i>Grilled chicken breast served with salad and potatoes.</i>	

PESCE (Fish)

Spiedini Di Pesce	£18.95
<i>Two skewers made with king prawns, monk fish and vegetables, served with mixed salad.</i>	
Grigliata Mista Di Pesce	for 1 person £25.95 for 2 people £49.95
<i>The chef combines fresh fish and shellfish to create a simple yet luxurious grilled seafood dish, flavored with herbs and garlic. Served with grilled vegetables.</i>	
Coda Di Rospo Al Parma	£18.95
<i>Monk fish wrapped with Parma ham then cooked with garlic, cherry tomatoes, olive oil and white wine. Served on a bed of spinach.</i>	
Sea Bass Alla Livornese	£17.95
<i>Two fillets of sea bass cooked with cherry tomatoes, garlic and wine. Served with grilled vegetables and potatoes.</i>	

MAMMA'S FAVOURITE PASTA

(Gluten free pasta available)

Paccheri Carciofini & Gamberoni	£12.95
<i>Paccheri are very large hollow tubes approximately an inch in diameter, a bit like giant maccheroni. They originate from Naples and are an absolute classic of Neapolitan cuisine. Cooked with prawns, crevettes, artichokes, garlic and cherry tomatoes.</i>	
Paccheri Alla Boscaiola	£11.95
<i>Cooked with roast peppers, olives, chilli, cherry tomatoes and wild mushrooms.</i>	
Paccheri Calamarata	£11.95
<i>Cooked with peas, squid, cherry tomatoes, garlic and basil.</i>	
Paccheri Cremosi	£10.95
<i>Cooked with cherry tomatoes, basil and goats cheese.</i>	
Stringolini Della Mamma v	£9.95
<i>Stringolini is shaped by rolling a small piece of dough on a flat surface to form a short, round length of pasta with tapered ends, then twisting it to form the final shape. Stringolini cooked with roasted peppers, pesto, touch of cream and goat cheese.</i>	

PASTA

(Gluten free pasta available)

Stringolini Al Forno <i>Stringolini pasta oven baked with tomato sauce, meat balls, parmigiano and tomato sauce.</i>	£8.95
Stringolini Vitello e Piselli <i>Stringolini pasta cooked with strips of veal, peas, onions, parmigiano, a touch of cream and tomato sauce.</i>	£9.95
Penne Capricciose <i>Pasta cooked with mushrooms, onions, chicken, tomato sauce, Parmesan cheese and a touch of cream.</i>	£8.95
Pennette Al Chilli <i>Pasta cooked with garlic, basil, chilli, oregano and cherry tomatoes.</i>	£8.95
Penne Amatriciana <i>Pasta cooked with onions, diced pancetta (cured pork belly), chilli, tomato sauce and cheese.</i>	£8.95
Spaghetti Carbonara <i>Pasta cooked with parmigiano, egg, cream and bacon.</i>	£8.95
Spaghetti Bolognese <i>Pasta cooked with bolognese sauce made with 100% steak mince.</i>	£8.95
Linguine Saporite <i>Cooked with king prawns, monk fish, mussels, garlic, wine and cherry tomatoes.</i>	£12.95
Linguine Puttanesca <i>Linguine pasta cooked with garlic, chilli, olives, anchovies, capers and tomato sauce.</i>	£9.95
Tagliatelle Papalina <i>Pasta cooked with gorgonzola cheese, mushrooms, onions, bacon, peas and cream.</i>	£10.95
Tagliatelle Della Casa <i>Pasta cooked with smoked salmon, mushrooms and cream.</i>	£10.95
Tagliatelle Con Pesto <i>n</i> <i>Pasta cooked with pesto alla genovese, cheese and a touch of cream.</i>	£8.95
Risotto Mare <i>Rice cooked with mixed seafood, garlic, wine and tomato sauce.</i>	£10.95
Risotto Ortolano <i>v</i> <i>Rice cooked with mixed vegetables, parmigiano cheese and a touch of tomato sauce.</i>	£9.95

We are always willing to adjust any item on the menu to suit individual preferences.

If you suffer from any food allergy please seek the advice of the management before ordering your meal.

PIZZA

12/13"

All pizzas are made with 100% Mozzarella cheese. (30 to 33cm)

Pizza & Pasta <i>7" inch pizza of your choice with half portion of pasta of your choice.</i>	£11.95
Pizza Margherita <i>v</i> <i>Mozzarella and tomato sauce.</i>	£7.95
Pizza Funghi <i>v</i> <i>Mozzarella, tomato sauce and mushrooms.</i>	£8.95
Pizza Quattro Stagioni <i>v</i> <i>Mozzarella, tomato sauce, roasted peppers, olives, mushrooms and artichokes.</i>	£8.95
Pizza Di Verdure <i>v</i> <i>Mozzarella, tomato sauce, roasted peppers, sun dried tomatoes, potatoes, red onions.</i>	£9.95
Pizza Quattro Formagi <i>v</i> <i>Mozzarella, tomato sauce, blue cheese, parmigiano and goats cheese.</i>	£9.95
Pizza Alla Parmigiana <i>v m e w</i> <i>Tomato, cheese, aubergines, parmigiano and basil.</i>	£9.95
Pizza Siciliana <i>Tomato sauce, mozzarella, fresh tomatoes, anchovies, chilli, capers and olives.</i>	£8.95
Pizza Crudo e Rucola <i>Tomato sauce, mozzarella, rocket salad, Parma ham and Parmesan shavings.</i>	£9.95
Pizza Prosciutto <i>Tomato, mozzarella and Parma ham.</i>	£9.95
Pizza Boscaiola <i>Tomato, cheese, mushrooms and chicken.</i>	£9.95
Pizza Fantasia <i>Tomato, cheese, sweet corn and chicken.</i>	£9.95
Pizza Rustica <i>Tomato, cheese, spicy pepperoni sausages and spinach.</i>	£9.95
Pizza Salmone e Gamberi <i>Tomato, cheese, smoked salmon and prawns.</i>	£10.95
Pizza Marinara <i>tomato, cheese, mixed seafood.</i>	£10.95
Pizza Amatriciana <i>Tomato, cheese, bacon, onions and chilli.</i>	£9.95
Pizza Pepperoni <i>Tomato, cheese, and spicy pepperoni sausages.</i>	£9.95
Pizza Salame e Funghi <i>Tomato, mozzarella, salame and mushrooms.</i>	£9.95
Pizza Polpette <i>m e w</i> <i>Tomato, cheese and meat balls (cooked in a rich tomato sauce).</i>	£8.95
Pizza Mortadella e Olive <i>v</i> <i>Tomato, cheese, mortadella and olives.</i>	£9.95
Pizza Calzone (20 to 30 mins to cook) <i>Calzone is an Italian turnover made of pizza dough and stuffed with tomato, mozzarella, chicken, ham, mushrooms. The dough is then folded over, sealed along and slowly baked.</i>	£10.95
Pizza Calzone Vegetariano <i>v</i> (20 to 30 mins to cook) <i>The same as above only cooked with mozzarella, tomato sauce, roasted peppers, sun dried tomatoes, artichokes and red onions.</i>	£9.95

EXTRA TOPPING VEGETABLES £0.50 / MEAT £2.00

Mamma Roma

italian restaurant



A LA CARTE MENU