

APPETISER

- Crostone Alla Parmigiana** £3.95
Toasted bread with aubergines, tomatoes sauce and cheese.
- Bruschetta Cheese.** £3.50
Toasted bread with fresh tomatoes, basil, olive oil and cheese.
- Garlic Bread** £2.95
Toasted bread with garlic and butter.
- Bruschetta** £3.50
Toasted bread with fresh tomatoes, garlic and basil.
- Crostini Di Salmone** £4.95
Toasted bread with smoked salmon and rocket salad.

APPETISER FOR 2 OR MORE

- Trio Di Stuzzichini** £7.95
A selection of marinated vegetables: sundried tomatoes, grilled peppers, marinated artichokes, marinated aubergines, marinated olives. Served with home made bread.
- Antipasto Casa** £14.95
A selection of cured meat, mozzarella tomatoes, and olives, served with home made bread.
- Antipasto Di Mare** £12.95
Smoked salmon, seafood salad, prawns with maria rose sauce, served on a bed of rocket salad.

FOCACCE FOR 2

- Focaccia Rucola E Parmigiano** £7.50
Focaccia bread served with rocket salad, fresh tomatoes, parmigiano shavings, olive oil and balsamic glaze.
- Focaccia Con Patate E Cipolla** £6.95
Focaccia bread with potatoes, onions and mozzarella.
- Focaccia Piccante** £6.95
Focaccia bread with tomato sauce, chilli, rosemary, olive oil and garlic.
- Focaccia Aglio E Olio** £6.95
Focaccia bread with olive oil, garlic and rosemary.
- Focaccia Bruschetta** £6.95
Focaccia bread with fresh tomatoes basil, garlic, olive oil and mozzarella cheese.
- Selezione Di Crostini** £7.95
A selection of toasted bread with these toppings: bruschetta, bruschetta cheese, goat cheese and peppers, tomato sauce and anchovies, mozzarella.

FOCACCINE SMALL FOCACCIA PANINI STYLE

- Focaccina Rucola E Parmigiano** £5.95
Small focaccia with rocket salad and parmigiano shavings.
- Focaccina Al Parma E Mozzarella** £6.95
Small focaccia with rocket salad, mozzarella and parma ham.
- Focaccina Con Mozzarella** £5.95
Small focaccia salad and mozzarella.
- Focaccina Mortadella** £6.95
Small focaccia with salad and mortadella.
- Focaccina Vegetariana** £6.50
Small focaccia with roast peppers, potatoes and mozzarella.

ITALIAN TAPAS SMALL DISHES

- Spicy Meat Balls** £3.95
Beef meatballs cooked in a spicy tomato sauce.
- Calamari Alla Diavola** £4.50
Fresh squid cooked with olives, capers, chilli, garlic and tomato sauce.
- Calamari Fritti** £4.50
Deep fried fresh squid served with tartare sauce.
- Calamari Salad** £3.95
Sautéed potatoes and calamari.
- Gamberoni Vino Bianco** £4.95
King prawns cooked with wine garlic and lemon.
- Funghi Fritti** £3.95
Deep fried mushrooms served with mayonnaise.
- Funghi All`Aglio** £3.95
Mushrooms cooked with garlic and wine.
- Patate Arrosto** £3.95
Roast potatoes.
- Patate E Pancetta** £3.95
Roast potatoes with bacon and onions.
- Anelli Di Cipolla** £3.95
Deep fried ring onions.
- Salsiccia E Fagioli** £4.50
Italian sausages cooked with beans and tomato sauce.
- Peperoni Ripieni** £4.95
Stuffed peppers with rice and mince, cooked with tomato sauce and mozzarella.
- Melanzane Alla Parmigiana** £3.95
Oven baked aubergines with tomato sauce and mozzarella.
- Peperoni Grigliati** £3.95
Grilled mixed peppers topped with goat cheese.
- Prosciutto E Melone** £4.50
Melon cubes wrapped with parma ham.
- Mozzarella E Pomodoro** £3.95
Tomato and mozzarella.
- Rucola E Bresaola** £4.50
Cured beef with rocket salad and parmigiano shavings.
- Cornetto Di Salmone** £4.95
Smoked salmon and prawns with maria rose sauce.
- Tonno E Fagioli** £3.95
Tuna and beans salad.
- Olive Miste** £3.95
Mixed olives.

SALADS

- Insalata Mista** £3.95
Mixed lettuce with tomatoes, cucumber, red onions, olives and mixed peppers.
- Rucola E Parmigiano** £4.95
Rocket salad with parmigiano shavings.
- Insalata Rucola Mozzarella E Prosciutto** £6.95
Rocket salad with mozzarella and parma ham.
- Insalata Mozzarella E Avocado** £5.95
Rocket salad with mozzarella, avocado and fresh tomatoes.

PIZZAS (12 Inch)

- Half Pizza & Half Pasta** £9.50
Any pizza and any pasta.
- Margherita** £6.95
Cheese and tomato.
- Boscaiola** £7.95
Cheese, tomato, mushrooms and chicken.
- Fantasia** £7.95
Tomato, cheese, sweetcorn and chicken.
- Prosciutto** £8.50
Tomato, cheese and parma ham.
- Pepperoni** £8.50
Tomato, cheese and spicy pepperoni sausages.
- Quattro Stagioni** £7.95
Tomato, cheese, peppers, olives, mushrooms and artichokes.
- Mamma Roma** £7.95
Tomato, cheese, pineapple and asparagus.
- Rustica** £8.50
Tomato, cheese, spinach and spicy pepperoni sausages.
- Polpetta** £8.50
Tomato, cheese and beef meat balls.
- Marinara** £8.50
Tomato, cheese and mixed seafood.
- Amatriciana** £8.50
Tomato, cheese, bacon, onions and chilli.

PESCE – FISH

- Cozze Piccanti** £7.95
Fresh mussels, fresh chilli and tomato sauce, served with toasted bread.
- Cozze Crema E Pancetta** £7.95
Fresh mussels cooked with cream and bacon, served with toasted bread.
- Haddock** £8.50
Breaded haddock served with salad and chips.
- Scampi Fritti** £8.50
Fried scampi served with salad and chips.
- Calamari Fritti** £7.95
Deep fried calamari served with mixed salad.
- Gamberoni Piccanti** £8.95
King prawns cooked with cherry tomatoes and chilli, served with toasted bread.

POLLO – CHICKEN

- Chicken Salad** £8.50
Mixed salad with grilled chicken breast.
- Chicken Milanese** £9.95
Breaded chicken breast served with mixed salad.
- Pollo Cacciatore** £9.95
Chicken breast cooked with mushrooms, peppers, onions, olives and tomato sauce, served with vegetables and potatoes.
- Pollo Asparagi E Parma** £10.95
Chicken breast stuffed with asparagus and wrapped with parma ham, served with vegetables and potatoes.

PASTA

HALF PIZZA AND HALF PASTA AVAILABLE

Penne Puttanesca	£7.95
<i>Pasta cooked with capers, olives, chilli and tomato sauce.</i>	
Penne Pesto	£7.95
<i>Pasta cooked with pesto.</i>	
Ravioli Dello Chef	£7.95
<i>Beef ravioli cooked with tomato sauce cheese and a touch of cream.</i>	
Ravioli Al Pesto	£7.95
<i>Beef ravioli cooked with pesto alla genovese.</i>	
Farfalle Salmone E Piselli	£8.50
<i>Pasta cooked with salmon peas and cream.</i>	
Linguine Porcini E Asparagi	£8.50
<i>Pasta cooked with wild mushrooms, asparagus and cream.</i>	
Linguine Delizia	£8.50
<i>Pasta cooked with prawns, courgettes and a touch of tomato sauce.</i>	
Linguine Cozze E Piselli	£8.95
<i>Pasta cooked with mussels, peas and cherry tomatoes.</i>	
Tagliatelle Papalina	£8.50
<i>Pasta cooked with onions, bacon, mushrooms, Gorgonzola and cream.</i>	
Spaghetti Mare	£8.95
<i>Pasta cooked with mixed seafood and tomato sauce.</i>	
Spaghetti Bolognese	£7.95
<i>Pasta cooked with beef bolognese sauce.</i>	
Spaghetti Carbonara	£8.50
<i>Pasta cooked with bacon, egg, cream and cheese.</i>	
Spaghetti Amatriciana	£8.50
<i>Pasta cooked with onions, bacon, chilli and tomato sauce.</i>	
Risotto Mare	£8.50
<i>Rice cooked with mixed seafood and tomato sauce.</i>	
Risotto Dell'Orto	£8.50
<i>Rice cooked with wild mushrooms, olives, sundried tomatoes and a touch of tomato sauce.</i>	
Gnocchi Al Forno	£8.50
<i>Oven baked potatoes dumplings with meat balls, tomato sauce and mozzarella.</i>	
Lasagna Al Forno	£8.50
<i>Oven baked lasagna.</i>	
Cannelloni Verdi	£8.50
<i>Pasta stuffed with spinach, ricotta, oven baked with tomato sauce and mozzarella.</i>	

OMELETTES

ALL SERVED WITH SALAD AND CHIPS

Plain Omelette	£6.50
Cheese Omelette	£6.95
Ham Omelette	£6.95
Onions Omelette	£6.95
Mushrooms Omelette	£6.50
Mixed Vegetables Omelette	£6.50
Asparagus Omelette	£6.95

CONTORNI

SIDE DISHES

Broccoli	£3.95
Spinach	£3.95
Chips	£2.95

BREAKFAST

Traditional Breakfast	£6.50
<i>Bacon, sausages, mushrooms, tomatoes, eggs and beans, served with toasted bread and a glass of orange juice.</i>	
Breakfast 2	£6.95
<i>Scrambled egg, tomatoes, smoked salmon and brown bread, served with coffee or a glass of orange juice.</i>	
Croissant & Cappuccino	£4.00
Croissant & Latte	£4.00

COFFEES

Latte	£2.40
Cappuccino	£2.10
Espresso	£1.85
Espresso Corretto	£2.95
Liqueur Coffee	£3.95
Coffee	£1.50
Tea	£1.50
<i>Green Tea, Jasmine, Lemon & Ginger, Camomile, Mint.</i>	

CAKES

Tiramisu	£3.95
Cheesecake	£3.95
Chocolate Fudge Cake	£3.95
Profiteroles	£3.95

BISTRO BAR



MAMMA
ROMA
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If you suffer from any food allergies please seek the advice of the management before ordering your meal.